

### Healing After Divorce: 100 Practical Ideas for Kids

By Alan D. Wolfelt, RaeLynn Maloney

Companion Press,US. Paperback. Book Condition: new. BRAND NEW, Healing After Divorce: 100 Practical Ideas for Kids, Alan D. Wolfelt, RaeLynn Maloney, This title is suitable for the children of ages 6 to 12 years. Focusing on the natural grief children endure when their parent's divorce, this guide helps children process the common feelings of shock, sadness, anger, guilt, and relief while highlighting their most vital need - love and support. The handbook helps children name and understand these strange new emotions and affirms that their thoughts and feelings are natural while teaching them the value of constructively expressing them. An assortment of suggested physical and verbal activities for mourning grief are also included.



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