



The Stressfish Guide to Emotrance: Transforming Emotions

By Teresa Lynch

DragonRising. Paperback. Book Condition: new. BRAND NEW, The Stressfish Guide to Emotrance: Transforming Emotions, Teresa Lynch, Dr. Teresa Lynch's easy-to-read and fun writing style allows all readers of any age to pick up and learn the basics of what is often described as "The Healing Modality for the 21st Century". The StressFish Guide to EmoTrance will teach you all this and more: What is EmoTrance? The Effects of Stress - Energioso Stuckitus Energy Nutrition Steps to EmoTrance Falling in Flow with Yourself Insults, Compliments & the Energy Shower Energy Dancing Heart Healing.

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