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Foods and Household Management: A Textbook of the Household Arts (Classic Reprint) (Paperback)

By Helen Kinne

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Foods and Household Management: A Textbook of the Household Arts This volume, like its companion, Shelter and Clothing, is intended for use in the course in household arts in the high school and normal school, whether the work be vocational or general in its aim. It is hoped that both volumes will prove useful in the home as well, including as they do a treatment of the homecrafts, and the related topics now so significant to the home maker, - the cost and purchasing of foods and clothing, the cost of operating, the management of the home, and questions of state and city sanitation vital to the health of the individual family. The volume treats specifically of foods, their production, sanitation, cost, nutritive value, preparation, and serving, these topics being closely interwoven with the practical aspects of household management, and they are followed by a study of the household budget and accounts, methods of buying, housewifery, and laundering. It includes about 160 carefully selected and tested recipes, together with a large number of cooking exercises...



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