



Grit and Grace: Fighting Breast Cancer One Step at a Time (Paperback)

By Carrie S Bell

Better Health Books, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Grit and Grace offers readers a window into the physical and emotional world of a breast cancer patient. The author includes blog posts she wrote during treatment as well as more recent reflections from her perspective as a breast cancer survivor. What s it like to have chemo and lose your hair? Should you be open about your illness with family and friends? How do you feel before and after a mastectomy? Does radiation hurt? How do you get your life back once treatment is over? Grit and Grace answers these questions and more, providing insight and inspiration along the way.



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